

BNURD'E Inc. *Mentoring Program* Vol. 3

Empowering Girls and Young Women with Opportunities for
Growth and Change for a Promising Future!

She Inspires



Acknowledgement Celebration

Burton Chace Park
Marina Del Rey, California
May 20, 2023

Coming Into YOURSELF! ~ She is an Inspiration.

Who is she?

She is a daughter. She is a friend. She is a pocketful of light. She is a spark of something good: a dream grown larger: and the right thing at the right time.

Her spirit is the first thing people notice, and everyone agrees that the very fact of her in the world mean there is still so much to come.....

She is a *BNURD'E* Girl!

The YOUTH & the LAW ~ Partnership Seminar



Bnurde Inc., has been invited and participates in the Kappa Alpha Psi presents '8th Annual Youth & the Law forum yearly prior to the COVID-19 Pandemic.

It is designed for young men and women from the sixth through twelfth grades to get the "real deal" from a diverse group of law enforcement personnel, including judges, deputy sheriffs, police officers, deputy district attorneys, defense attorneys, probation officers, correctional officers, and parole agents from the state department of juvenile justice as well as officials from state prisons.

This is an enlightening experience for both our young men and women to gain factual insight from the men and women dedicated towards to protect and serve our communities.



EIGHTH ANNUAL

**YOUTH AND
THE LAW
FORUM**



**SATURDAY
FEBRUARY 25, 2023**

This year's forum will be held hybrid. In order to receive your zoom/forum credentials, please register!

Check-In: 8 am - 9 am
Forum: 9 am - 10:00pm
Moot Court: 10:00pm - 2:00pm

Open to All Youth Grades 6 - 12

Get the "real deal" from a diverse group of law enforcement personnel, including: Judges, Sheriffs, Police Officers, Attorneys, Probation Officers, Parole Agents, and more.

FORUM TOPICS

- ✓ Law Enforcement Interaction
- ✓ Criminal Justice System
- ✓ Life in jail or prison
- ✓ Acting responsibly
- ✓ Force Option Simulator

Zoom Information
Meeting ID: 928 8949 1746
Passcode: 162484



Guide Right Director | Dr. Todd Barnett drbadduce@gmail.com
Kappa League Director | Dr. Yusef Anderson yusef16@gmail.com

Kappa Alpha Psi Fraternity Inc. & BNURD'E Inc.

#Lunchbag Giving on CHRISTMAS Eve



#HashtagLunchbag began on Christmas 2012 in a Los Angeles apartment by a group of friends who were having trouble finding a fun & meaningful way to give back. After a few failed attempts, we decided to take it upon ourselves and create our own experience. We went to our local grocery store and bought enough food to prepare 100 lunches. Kappa Alpha Psi Fraternity and Friends continue to pay it forward to help our homeless enjoy a meal on Christmas Eve!

Wilder's Preparatory Academy Charter School students along with BNURD'E Inc., decorate 1000 bags each year with words of encouragement to those in need.

Financial Literacy ~ LA South Chamber of Commerce



Financial Knowledge

Measure their progression toward higher-order thinking skills



Financial Sentiment

Indicators to understand a person's feelings & attitudes toward money



Financial Behaviors

Stages of Change model used to measure financial behaviors



Financial Systems

Review of their financial accounts, management systems and team



Overall Results

Measures that quantify a person's overall financial results achieved

Bnurde Inc. encourages our girls and young women to have the ability to understand how money works in this changing world, and achieving a financial foundation will help them provide for their own future. Helping girls and young women understand the difference between “wants” versus “needs” is a big part of learning about finances.

**Opa Jean Price ~ Insurance Solutions
LA South Chamber of Commerce
Certified Consultant**

SoLA Robotics

Our partner Jen Lashley encourages our girls and young women of color to develop a portfolio of technological skills, guiding them toward STEM career pathways and building a community of students who grow, thrive and learn together.

Jen Lashley, Founder

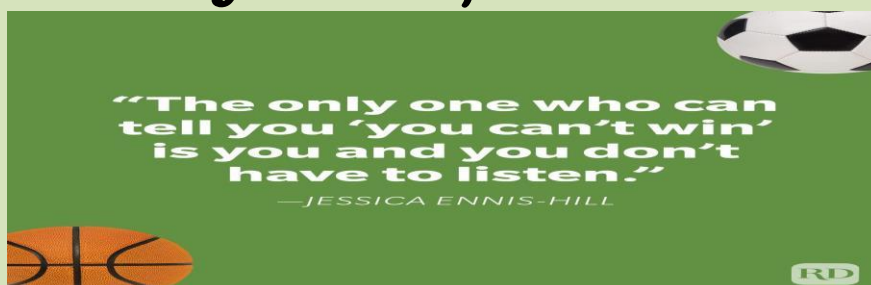


Beach Volleyball TEAM Building @ Dockweiler

Team building is a collective term for various types of activities used to enhance social relations and define roles within teams, often involving collaborative tasks. Volleyball is a true team sport, and at the end of every point, teammates come together and encourage each other. Support can also come from parents, coaches and other friends and fans. This support is tremendous for an athlete's self-confidence and personal strength.



Coach Bobby Willis, Athletic Director



Beauty Basics

Let's face it, girl: Getting beautiful is pretty confusing! How many times have you bought the newest product, lured by the promise of flawless skin and a perfect new you, only to be disappointed by less than stunning results? Well, it's time to get real and get fabulous with the ultimate guide to what works for your skin, hair, and nails. Today's young women encounter completely different problems than their mothers and older

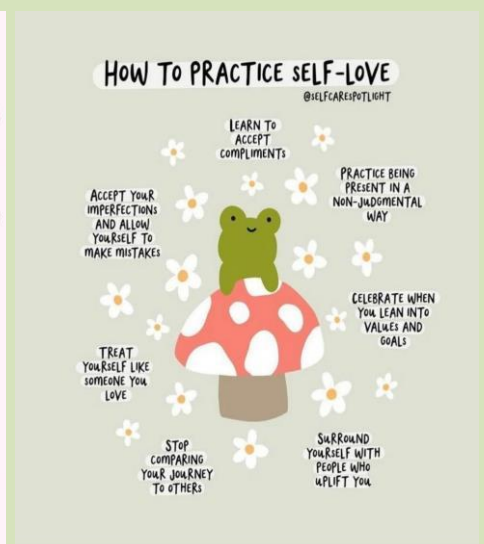
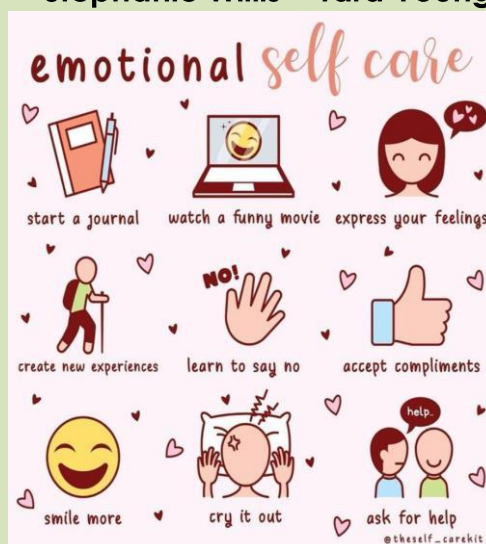
sisters do, so why would their beauty guides work for you? And who better than a top dermatologist and a professional model to guide you through beauty dilemmas that only teen girls face? Filled with expert advice, easy-to-follow instructions, and really helpful hints, Beauty Basics for Teens covers:

- * The daily routines that will keep you blemish-free
- * How to shop for cosmetics and skin-care products, and how to use them like a pro
- * Advice on nail and hair care, including tips to banish bad-hair days forever
- * How to identify your true skin, hair, and nail types, so you finally use the right products
- * The roles that diet, exercise, and rest play in how you

Burd's Mentoring TEAM

We Love You!

Sharon Bradford ~ Stephanie Cole ~ Angela Greathouse ~ Aireal Williams ~ Tiffani Williams
Stephanie Willis ~ Tara Young



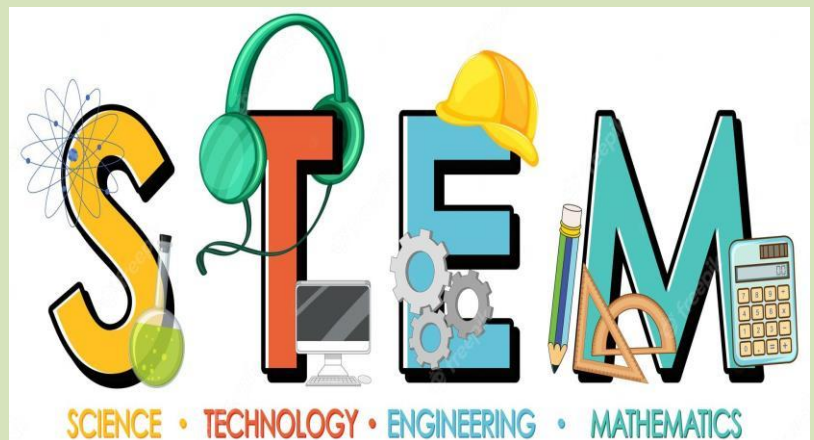
KNOTT'S BERRY FARM

Educational Tours
STEM ~ Energy in Motion

Energy in Motion

STEM comes to life at Knott's Berry Farm! Our Energy in Motion tour breaks down the creative and Mechanical Engineering behind Knott's Berry Farm's various rides and attractions.

Your students will gain a greater understanding of the science behind roller coasters and they will have the opportunity to discuss subjects such as centrifugal force, mass, inertia, and more while they experience how each concept relates to our rides. Please note, this tour does contain rides.



Kudos to our amazing Burd'e Family who supported us for for the day!

Angela Greathouse Tinka Williams & Family Mr & Mrs Woodye Mrs. Zina Love
Stephanie Taylor Willis Sharon Bradford Areal Williams Stephanie Cole Candyce Cole



A Time for SISTERHOOD

Mall Scavenger Hunt



Our girls participated in a mall scavenger hunt activity at Del Amo Mall. This was a very fun and exciting teambuilding activity where the girls were put into groups to work together to solve clues, that took them through the mall to find the locations to pick up a gift then receive a new clue to advance to the next location solving a new clue.

Once they solved the clues and given a gift that represents the clue they were provided the next clue, and answering trivia which can only be found or solved in the mall.

WAKANDA Forever



A Sisterhood is defined as the state of being a sister and being involved with a strong community who are bound together by shared experiences or interests.

During Black History Month we decided to take the girls to the Bridge to see Wakanda Forever a movie that showcases Chadwick Boseman as King T'Challa who loved his family and his country.

As a team we feel that seeing this movie provided the girls with a sense of belonging in being a part of a sisterhood to support each other as an organization.

Every BNUKDFE Girl is a one of kind, extraordinary young lady with a DESTINY.

She Inspires



SHE
Inspires

**YOU ARE THE AUTHOR
OF YOUR OWN STORY.
IF YOU DON'T LIKE
WHERE THIS CHAPTER
IS GOING, IT'S OK TO
START A NEW ONE.**

“Be what you
WANT to be
NOT what
OTHERS want
to SEE.”

**DON'T BE
*ashamed of
your story*
IT WILL
INSPIRE OTHERS**

Why Mentoring Matters

"Am I Enough?"

Did you know that girls and young women of color have serious unmet mental health needs—it has been called a mental health crisis *"hiding in plain sight?"* Self-esteem can influence life in various ways, from academics and future successes to relationships and mental health. Self-esteem low or high can have a huge impact on self-worth. Working on having a healthy self-worth is ensuring that you have the tools to manage your bad days.

As a concerned educator who has taught PreK-12 in inner-city communities and colleges throughout Southern California I've recognized just how different the female students were at these schools, as it related to their home life, educational acumen, economic situations and goals for the future.

One of the greatest observations discovered were that many of the girls and young women of color had low self-esteem because they believed that they did not fit into society's norms related to self-worth, self-respect, trust in others, and even beauty standards. Equally as important, I also noticed and identified that these young ladies suffer from *"Trying to fit in instead of standing out"*

I understand that adolescence isn't an easy time for parents. As girls and young women of color move through the various tumultuous transitions that accompany adolescence — physical, emotional, hormonal, sexual, social, intellectual wellbeing— the pressures and problems they encounter can all too easily seem overwhelming. For many girls and young women of color, these and other pressures can lead to one or more of a variety of mental health disorders; all are matters of concern, and some are life-threatening.

During these prevalent times of awkward societal norms this is critical because in general, 50% of all lifetime mental illness begins by age 14. I strongly believe that, we must approach addressing the mental health of Black girls with a tailored approach. Currently, there is a lack of non-white mental health providers and providers who can provide culturally competent mental health services to our girls and young women of color.

Therefore, BNURD'E Inc., was established to help make a difference in the lives of our girls and young women of color. We invite you to make a difference by contributing to the future success of girls and young women participating in our BNURD'E Self-Esteem Program that create opportunities for them to participate in activities of interest that ignite hope, inspires passion and assists them in creating a platform for their future.

Believe ~ Blossom ~ Belong

Roxanne Williams, Founder/CEO

bnurde@gmail.com

<https://bnurde.org>

213.200.3880



Please see the link below

<https://lasouthconnections.com/coming-into-yourself/>

[Coming Into Yourself - LA South Connections](#)

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Advisory Board

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BNURD'E Inc.™

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Entrepreneur

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Angela Greathouse
Aireal Williams
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Jacqueline Williams
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